







### **Special Supplemental Nutrition Program for**

# Women, Infants, and Children

#### **How Do I Qualify?**

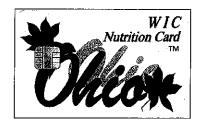
- Meet WIC Income Guidelines. Many WIC participants are employed yet are still able to qualify. A family of four can make up to \$44,955 and still receive WIC.
- Receiving SNAP or Medicaid automatically qualifies a family for WIC.
- · Be at nutritional risk.
- Be pregnant, recently had a baby, breastfeeding, or have children up to 5 years old.

#### What Does WIC Provide?

- WIC provides supplemental foods like milk, fresh fruits and vegetables, whole grains, juice, eggs, cereal, peanut butter, dried and canned beans, baby food, and infant formula.
- Nutrition Education.
- · Breastfeeding Support.
- Referrals for Health Care and Social Service Agencies.

#### **WIC Nutrition Card (WNC)**

No more paper coupons! WIC now provides all food benefits via the WIC Nutrition Card - a secure card that works like a credit/debit card.





## **Walk-in Hours**

Monday - Thursday: 8:15am to 3pm Friday: 8:15am to 11am

**No Appointment Necessary** 

(WIC is closed Friday afternoons)

Drew Health Center 1323 W. Third St. 937-225-4491 Sunrise Center 1320 E. Fifth St. 937-225-6166 West Carrollton WIC 113 E. Central Ave. 937-859-7974

NO APPOINTMENT NECESSARY

